

CLIMB THAT MOUNTAIN. REACH YOUR GOAL. CHOOSE

“WEIGH” TO BETTER HEALTH

GROUP WEIGHT LOSS CHALLENGE

to benefit Cape Cod
Healthcare at Fontaine
Medical Center

What is it?

A 6 WEEK DIET AND EXERCISE PROGRAM FOR WEIGHT LOSS WITH PROVEN SUCCESS!

EACH PARTICIPANT IS TRACKED PRIVATELY AND ASSIGNED TO A TEAM. THE TEAM THAT LOSES THE MOST WEIGHT IN 6 WEEKS WINS PRIZES. GRAND PRIZE IS A ONE YEAR MEMBERSHIP TO CHATHAM HEALTH AND SWIM CLUB!!

Cost?

Donation Fee = \$90 CHC Member / \$120 Non Member

Sign up at the Front Desk and get the details!